NEED HELP FINDING A JOB?
Emploi-Québec offers a variety of measures and services to prepare you to work or help you actively look for a job. These measures and services are available to both social assistance and social solidarity recipients.

FOR FURTHER INFORMATION
Call 1-877-767-8773 (toll free)
or go to the Emploi-Québec website at www.emploiquebec.gouv.qc.ca.

INDEXATION OF SOCIAL ASSISTANCE BENEFITS AND SOCIAL SOLIDARITY BENEFITS
On January 1, 2018, the basic benefit and the temporarily limited capacity allowance will be indexed by 0.82%.

BENEFIT
Financial assistance consists of a basic benefit, to which may be added:

For recipients under the Social Assistance Program
- a temporarily limited capacity allowance
- adjustments for dependent children
- adjustments for adults
- special benefits
- an increased amount for independent adults

For recipients under the Social Solidarity Program
- adjustments for dependent children
- adjustments for adults
- special benefits

WORK INCOME
Part of your work income is exempted when your benefit is calculated. For example, if you are an independent adult and are receiving social assistance, you are entitled to earn up to $200 per month without a reduction in your benefit.

However, any amount in excess of $200 will be deducted from your benefit. For instance, if you have work income of $250, your benefit will be reduced by $50.

The exemption also applies to the following income:
- maternity benefits, paternity benefits, parental benefits and adoption benefits
- compassionate care benefits paid under the Employment Insurance program

LIQUID ASSETS
A person who is receiving last-resort financial assistance can have a certain amount of liquid assets (based on his or her situation) without his or her benefit being affected. This is called a basic exemption and the amounts that apply in the various situations are set in the Regulation.

NEW BENEFIT AMOUNTS

IN EFFECT AS OF JANUARY 1, 2018

Note
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- adjustments for dependent children
- adjustments for adults
- special benefits

Note
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The **Social Assistance Program** grants financial assistance to persons who do not have a severely limited capacity for employment or who have a temporarily limited capacity for employment. It also grants assistance to families whose adult members do not have a limited capacity for employment or families of which at least one adult member has a temporarily limited capacity for employment.

You have a temporarily limited capacity for employment if, for example, your health prevents you from engaging in a job preparation or integration activity for a period of at least one month. You must submit a medical report establishing such limitations to the Ministère du Travail, de l’Emploi et de la Solidarité sociale.

**Note**

Except in certain cases, the basic benefit granted under the Social Assistance Program to adults or families who live with one of their parents is reduced by $100 per month (by $50 per month in the case of the spouse of a student).

If you participate in an employment-assistance measure or a social assistance and support program, you could receive an employment-assistance allowance or a support allowance in addition to your benefit. However, you cannot receive a temporarily limited capacity allowance and an employment assistance allowance or a support allowance at the same time.

The **Social Solidarity Program** grants financial assistance to persons with a severely limited capacity for employment, as well as to families of which at least one adult member has a severely limited capacity for employment.

You have a severely limited capacity for employment if you have a serious health problem that is permanent, such as a significant disability. If this is your case, you must submit a medical report establishing such limitations to the Ministère du Travail, de l’Emploi et de la Solidarité sociale.

### SOCIAL ASSISTANCE PROGRAM (Monthly amounts)

<table>
<thead>
<tr>
<th></th>
<th>BASIC BENEFIT</th>
<th>TEMPORARILY LIMITED CAPACITY ALLOWANCE</th>
<th>TOTAL AMOUNT</th>
<th>EXEMPTED WORK INCOME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 adult</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No limited capacity for employment</td>
<td>$633</td>
<td>$0</td>
<td>$633</td>
<td>$200</td>
</tr>
<tr>
<td>Temporarily limited capacity for employment</td>
<td>$633</td>
<td>$134</td>
<td>$767</td>
<td>$200</td>
</tr>
<tr>
<td>1 spouse of a student</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No limited capacity for employment</td>
<td>$175</td>
<td>$0</td>
<td>$175</td>
<td>$200</td>
</tr>
<tr>
<td>Temporarily limited capacity for employment</td>
<td>$175</td>
<td>$134</td>
<td>$309</td>
<td>$200</td>
</tr>
<tr>
<td>1 independent adult who is sheltered or required to live in an institution for social reintegration purposes or 1 minor sheltered with her dependent child or 1 adult staying at an addiction treatment centre</td>
<td>$205</td>
<td>$0</td>
<td>$205</td>
<td>$200</td>
</tr>
<tr>
<td>2 adults</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No limited capacity for employment</td>
<td>$980</td>
<td>$0</td>
<td>$980</td>
<td>$300</td>
</tr>
<tr>
<td>Temporarily limited capacity for employment</td>
<td>$980</td>
<td>$231</td>
<td>$1,211</td>
<td>$300</td>
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<tr>
<td>2 adults in different situations</td>
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<tr>
<td>1 adult with no limited capacity for employment and 1 adult with a temporarily limited capacity for employment</td>
<td>$980</td>
<td>$134</td>
<td>$1,114</td>
<td>$300</td>
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</tbody>
</table>

### SOCIAL SOLIDARITY PROGRAM (Monthly amounts)

<table>
<thead>
<tr>
<th></th>
<th>SOCIAL SOLIDARITY BENEFIT</th>
<th>EXEMPTED WORK INCOME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 adult</td>
<td>$962</td>
<td>$100</td>
</tr>
<tr>
<td>1 spouse of a student</td>
<td>$488</td>
<td>$100</td>
</tr>
<tr>
<td>1 independent adult who is sheltered or required to live in an institution for social reintegration purposes or 1 minor sheltered with her dependent child or 1 adult staying at an addiction treatment centre</td>
<td>$205</td>
<td>$100</td>
</tr>
<tr>
<td>2 adults</td>
<td>$1,438</td>
<td>$100</td>
</tr>
</tbody>
</table>