

Having a job helps you improve your skills, widen your social network, increase your independence and enjoy success.

**Work** pays in more ways than one!

### CONTACT

an Emploi-Québec officer to find out about the possibilities available to you!

Disposable income corresponds to household income after paying income taxes and mandatory withholdings such as social insurance plans.

The amounts shown in the examples are only estimates of the disposable income a household might receive based on its family and economic situation, taking into account the information available in February 2012. This document may not be used for legal interpretation purposes.

Income simulations available at:

**mess.gouv.qc.ca** (French only)

EMPLOI-QUÉBEC

**WORK  
PAYS...**

INCREASE  
YOUR INCOME  
BY GETTING  
OFF SOCIAL  
ASSISTANCE

The examples given in this folder show that it is **truly possible to improve your financial situation** by getting off social assistance.

**Emploi-Québec** is there to help you.

Consult an Emploi-Québec officer to find out about the possibilities available to you!

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## Couple (no children)

After Jean-Paul, 56, lost his job, he and his wife Judy lived off social assistance benefits.

By returning to the job market, they **more than doubled** their disposable income.

### HOW?

**1** After having their situation evaluated by an Emploi-Québec officer, they both agreed to participate in the Manpower Training measure.

An **INCREASE** in income of about **\$250 a month**.

**2** They applied their new skills by working a few hours a week.

The **INCREASE** in income reaches about **\$300 a month**.

**3** Each found part time work (20 hours a week) at \$12 an hour.

The **INCREASE** in income has now reached about **\$900 a month**.

**4** After a few weeks, they both increased their work hours to 35 hours a week.

Total **INCREASE** in income about **\$1,700 a month**, or more than \$20,000 a year.

## Person living alone

Patrick, 38, had been receiving last resort financial assistance for three years.

By getting off social assistance, he **more than doubled** his disposable income.

### HOW?

**1** After meeting with an Emploi-Québec officer, he took part in a job search club. This entitled him to a \$45/week allowance.

Income **INCREASED** by **\$135 during the month** of participation.

**2** Thanks to his efforts, Patrick found a part time job (20 hours a week) at minimum wage.

The **INCREASE** in income reaches about **\$400 a month**.

**3** After a few weeks, he began working full time.

The **INCREASE** in income has now reached about **\$750 a month**.

**4** He is receiving the Supplement to the Work Premium.

Total **INCREASE** in income about **\$950 a month**, or more than \$11,000 a year.

## Single parent family

Lucie, 26, lives alone with her six year old daughter. She had been on social assistance for five years.

By returning to the job market, she increased her disposable income **by about \$14,000**.

### HOW?

**1** After an assessment and employment assistance interview with her Emploi-Québec officer, she took part in the Manpower Training measure.

Income **INCREASED** by about **\$300 a month**.

**2** She found full time work at minimum wage.

The **INCREASE** in income reaches about **\$800 a month**.

**3** After a few months, thanks to her professionalism and motivation, her wage increased to \$12 an hour.

The **INCREASE** in income has now reached about **\$950 a month**.

**4** She is receiving the Supplement to the Work Premium.

Total **INCREASE** in income about **\$1,150 a month**, or about \$14,000 a year.

## Couple with children

Carl and Maria, parents of two children, seven and nine, had been on social assistance for a year and a half.

By each finding a job, they increased their annual disposable income **by more than \$16,000**.

### HOW?

**1** After discussing their situation with an Emploi-Québec officer, Carl took part in the Employment Services measure, entitling him to a \$9/day allowance.

Income **INCREASED** by about **\$100 for two weeks** of participation.

**2** After searching for a few weeks, Carl found a part time job (20 hours a week) at minimum wage.

The **INCREASE** in income has now reached about **\$500 a month**.

**3** A few months later, Carl found full time work. By taking part in the Program for Immigrants and Visible Minorities (PRIIME), Maria also found full time work at minimum wage.

Total **INCREASE** in income about **\$1,350 a month**, or more than \$16,000 a year.