

Young Volunteers

Go for it!



Québec 



Have a dream project?

Young volunteers can help make your dreams come true!

Young volunteers gives you a chance to acquire skills while working on a project that you have designed.

You can develop and implement projects in fields that interest you, e.g. agriculture, arts, culture, communications, community services, environment, tourism.

“Young volunteers was the springboard that helped me start my own business. Afterwards, I became a volunteer to help other young people carry out their project.”

Andréane Dufresne, massage therapist



If you are eligible, you can get assistance and advice to help you become job-ready. By carrying out your Young volunteers project, you can:

enhance
your knowledge;

improve
your skills,
creativity
and self-reliance;

work
with professionals,
make contacts and friends;

gain
an enriching experience.



Since 1983, more than

45 000 young people

have developed

Young volunteers projects that allowed them to explore business projects, organize services in their community or carry out projects they felt strongly about.

A Young volunteers project can be set up by one person or a group of no more than seven young people.

“Young volunteers helped make my dream come true. Ever since I was little, I’ve wanted to create video games.”

Félix Vigneault, Une aventure de Marius la lame rouge





“Young volunteers helps people achieve their goals. I want to make music on stage. We need to follow our dreams... because dreams are the food of the soul”.

Marie-Hélène Raby, La Búsqueda

Are you eligible for Young volunteers?

To participate, you must:

- be between the ages of 16 and 29;
- have trouble entering the labour market.

How much time do you need to devote to your project?

At least 20 hours per week.

How long must the project run?

Between 9 and 52 weeks.

Can you do other activities at the same time?

Throughout the duration of the project, you can also:

- work, less than 20 hours per week;
- or study part-time.

Can you receive financial assistance for your project?

Emploi-Québec will grant you an employment-assistance allowance and an operating budget for project-related expenses. Training costs, where applicable, may also be reimbursed.

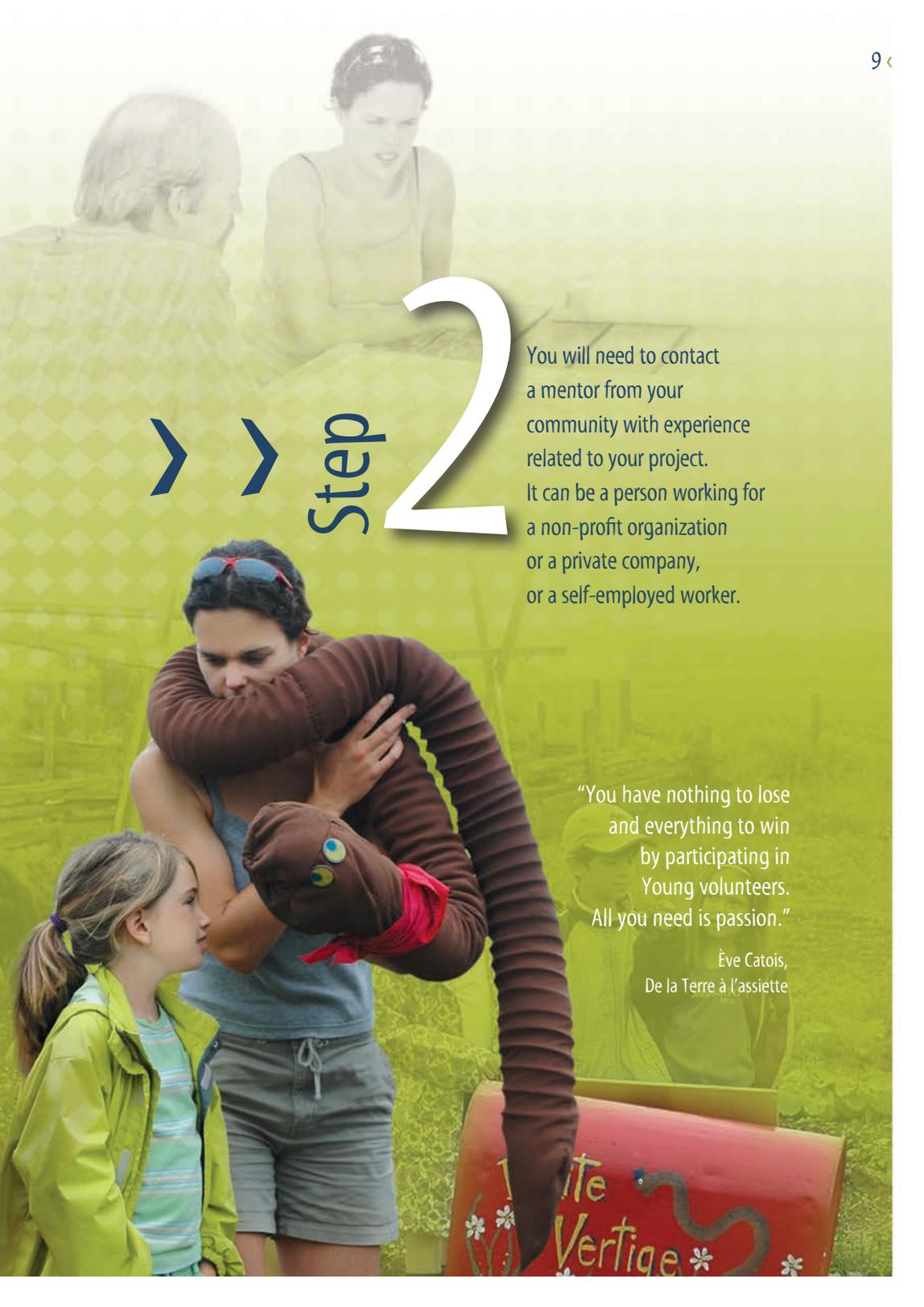




What are the steps involved in developing a project?

> Step 1

First, you must meet with an employment-assistance officer at your regional local employment centre (CLE) to discuss the project you wish to develop. If Young volunteers meets your needs, you will be given all of the relevant information, documents and assistance required to develop your project.



> > Step 2

You will need to contact a mentor from your community with experience related to your project. It can be a person working for a non-profit organization or a private company, or a self-employed worker.

“You have nothing to lose and everything to win by participating in Young volunteers. All you need is passion.”

Ève Catois,
De la Terre à l'assiette



Step 3

You will have to present your project to an advisory committee composed of volunteers from your community. Your project's mentor will accompany you for this presentation. Finally, the advisory committee will recommend that Emploi-Québec accept or refuse your project.

"Young volunteers helps us make our dreams come true while maintaining realistic expectations. We are surrounded by competent people ready to offer support."

Antoine Marçal,
Les forges de la Salamandre



“To succeed with a Young volunteers project,
you need to believe in it, define it,
get help and go for it.”

Raphaël Maltais, Une aventure de Marius la lame rouge

Come to the CLE to meet with an
employment-assistance officer
and discuss **your project!**

Officer's name and coordinates



For further information

Contact your local employment centre (CLE)
or call the following toll-free number:

1-877-767-8773

You can also go to the Emploi-Québec website
at the following address:

www.emploi.quebec.gouv.qc.ca



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A-2071 (2013-11)